



Thomas M. Helms

November 5, 1945 - December 27, 2021

Thomas M. Helms, 76, of Pueblo, passed away on December 27, 2021. He was preceded in death by his daughter, Jennifer Helms; mother, Virginia Helms; and brother, James Helms. He is survived by his wife of 51 years, Sheila Helms; children, Melissa Helms and Leann (Quentin) Springer; grandchildren, Shattuck, Baxter and Braden; siblings, Nancy Morton and John Morton; extended family and friends. Thomas was a proud Veteran of the United States Marines. He was a firefighter for many years and later an RN for 10 years. He enjoyed hiking, fishing, cooking and sports. He will be forever loved and deeply missed by all those he leaves behind. The family would like to thank Sangre De Cristo Hospice and the Joni Fair Hospice House. Memorial Service, 3:00 pm, Friday, January 14, 2022, Romero Family Funeral Home. Service may be viewed through Live stream on Facebook at Romero Family Funeral Home Pueblo and YouTube at Romero Family Funeral Home Pueblo.

Previous Events

Memorial Service

JAN 14. 3:00 PM - 4:00 PM (MT)

Romero Family Funeral Home
110 Cleveland St.
Pueblo, CO 81004
(719) 583-1313
romeroffh@live.com

Tribute Wall

RD

“ I am so sorry to hear about Tommy. I was one of Tommy's clinical nursing instructors when he was in nursing school. I was pregnant working full time and teaching. He reminded so much of my own father who was a firefighter once upon a time and he made sure I was taking care of myself. He will always remain in my memories.

Rochelle DeHerrera - January 18, 2022 at 03:58 PM

WP

“ Sheila, My heart goes out to you and your family. Tommy and I were partners on PFD Rescue-3 early in my career. His wit, skill, and large infectious personality was on non-stop display at all times. He made a huge impact on my perception and commitment to the fire service that I still feel 28 years later. We had a shared history of Pueblo YMCA Camp Crockett in our worlds, of which I have included a photo of him in a Camp shirt (I wish I remember how I came upon the pic). He and his laugh will not soon be forgotten. Godspeed Tommy!

Woody Percival



Woody Percival - January 16, 2022 at 11:12 AM

GL

“ Seems like we were a neighborhood of redheads...all of us on Veta Ave. My earliest memory of Tommy is of the two of us sitting on the stoop of the little grocery store, comparing freckles. That red headed boy grew up to be a good man, a good firefighter, a great nurse, an amazing father and husband...and, to us, a special friend. I'm so sorry we lost touch over the years, Sheila, and wish my health would've allowed us to attend his memorial service. Our love and prayers are with all of you.

Georgi and Rich Lipich - January 15, 2022 at 09:34 AM

NR

“ Tommy was the best friend. He was always there is someone needed him. We shared many a bottle of wine together and he could pick the good wines. He bailed me out in Texas when I left my driver's license in Colorado and flew down with 2 granddaughters. I couldn't rent a car. At 9pm he and sheila drove to the airport rented a car for us and took us to their house for pizza. He loved his family and if you were his friend you were family. You will be missed and know you are resting peacefully now. Nancy and Carlyle

Nancy Rowland - January 14, 2022 at 04:22 PM

LB

“ Linda Banks lit a candle in memory of Thomas M. Helms



Linda Banks - January 14, 2022 at 01:29 PM

LB

Sheila, my heart is with you today and I am keeping you in my thoughts and prayers.

Linda Banks - January 14, 2022 at 01:30 PM

JO

“ *I'm going to miss you brother.*

John - January 14, 2022 at 11:26 AM

EV

“ *Sheila, it was with surprise and sadness to learn of Tommy's passing. I have not had any communication with you for too long . I was unaware of where you were living. I have fond memories of you and Tommy. My warmest condolences and hugs to you and the family. It is my hope that I will be able to connect with you again.*
Eve Muniz Valdez

Eva Muniz Valdez - January 12, 2022 at 09:25 AM

CK

“ Dear Sheila and Nancy and family. I've worked with the public for over 10 years at the Wine Store, and have met, and served, and tasted wine with 100's of people! But there's not much that made me happier than when I would see Tommy and Sheila and Nancy pull up to the store knowing you would all come in - and then the fun would begin! At first, it took me a minute to wrap my head around the "exuberance and personality" of Tommy. But once I did, I just accepted him for who he was and what a great and caring person he was. Once in a while he would call the store to ask me about a certain wine or to help him find something. I always loved that because he always made me laugh with his life views. And Sheila, I don't know that I've heard of a more dedicated and loving relationship than what you and Tommy had. Sister Nancy, it was so obvious that you and Tommy loved each other so much. I'm blessed to have known all of you. You are all so lucky to have each other. Sadly this virus has gotten in the way of me working - but I think of all of you often! You're part of the Wine Store Family. Please accept my deepest sympathy at the passing of Tommy. He will be missed.
Carol Kemski, 80Twenty

Carol Kemski - January 11, 2022 at 08:38 PM

I am Ronda

I am a mother. My children are more precious to me, and I'll do anything for them.

“ Dearest Sheila, Leann and Quentin and Missy,
Tom will be missed. You took good care of him. Have peace in your hearts for that.
We'll never forget the fun times we had. May he have Peace for Eternity. God Bless you and wrap you in comfort.
Jim and Ronda

Ronda Stjernholm - January 09, 2022 at 07:54 PM

LF

“ Dear Sheila and girls,

So very sorry to hear about Tom.. as always may he rest in peace now. There are so many memories of your family thru the years. We had so much fun and good times together during work at St. Mary-Corwin Hospital and lots of good times and memories away from work.. Praying for comfort during the difficult days. Know we have fond memories and and always cherish the time we spent together.

Love always Lorena, Fletch, Dawna and David. The Fletcher Family.

Lorena Fletcher - January 09, 2022 at 06:55 PM

AJ

“ Dear Sheila and girls,

*I share your grief and mourn the loss of a good man. I'll always remember Tommy with fondness, a gentle and caring soul. May he rest in peace. Best wishes for you all in the days ahead.
Anita Jagunich (Verle's)*

Anita Jagunich - January 09, 2022 at 10:52 AM

PK

“ Sheila, Missy and LeAnn, I was so sorry to read of Tommy's passing. I remember Tommy for his fierce fight for causes he believed in. He seemed a bulldozer in pursuit the goals he set out to accomplish. I remember him for his smile and laugh and enjoyed chance meetings with him. He was a good man, Marine, firefighter, nurse, husband, father and surely grandfather. The world is a better place for his presence in it. God bless you during this time of sorrow. He is your protector from above now, always with you. Pam Keller

Pam Keller - January 09, 2022 at 10:50 AM



“ *Simply Elegant Spathiphyllum was purchased for the family of Thomas M. Helms.*



January 08, 2022 at 03:09 PM



“ *Tommy was a very special friend, and it is hard to picture our life without him in it. He and Dan, and now John, seemed to have a special relationship somewhat based on their military service. Being a Marine was very important to Tom. He and Sheila had such a very special relationship and marriage- it was one to be envied. Tom is now in Heaven, and will always be looking out for Sheila and his girls. We love you all.*

John and Mary Gail Hoskins

Mary G Hoskins - January 08, 2022 at 03:04 PM



“ *Tom was a friend and classmate at Pueblo Catholic High. Rest in peace Tom, it was a honor go be your friend.*
Darrell Eurich

Darrell Eurich - January 08, 2022 at 11:42 AM

JT

“ Hi Sheila and Family: I am so sorry to hear about Tom's passing. I remember our visits when I worked at the hospital. You were always so kind to me. I pray that God gives you strength and courage to get through this difficult time. Tom is no longer suffering and has found peace. Take care of yourselves. God Bless you all.

Joy Thacker

Joy Thacker - January 08, 2022 at 09:59 AM

KB

“ Tommy was a dear friend and fellow fire fighter. He loved life and always had a smile on his face. We didn't see him much in the last few years, but he was always in our hearts. Charlie and Karen Burbidge

Karen W Burbidge - January 07, 2022 at 11:27 AM

RW

“ Tommy was a very special friend who will be missed. You will be forever in our hearts. Rest in peace dear one, you have fought a good fight. God bless you. Rita and Dale

Rita Welch - January 07, 2022 at 08:43 AM